

Dysphagia

For full nutritional values on all Flavour Creations products, visit FlavourCreations.com.au

PRODUCT	FLAVOUR	AVAILABLE IN:		AMYLASE RESISTANT	GLUTEN FREE	NUT FREE	SOY FREE	DAIRY FREE	LACTOSE	LOW SODIUM	NUTRITIONALLY COMPLETE	HALAL CERTIFIED	KOSHER CERTIFIED	VEGETARIAN SUITABLE	VEGAN SUITABLE	
		ENERGY PER SERVE kJ (kcal)*	PROTEIN PER SERVE g†													
THICKENED READY-TO-DRINKS																
Waters		Water NOW ALSO IN:	55 (13)	0.1	AR	GF	NF	SF	DF	LF	LIS	-	HL	KO	VE	VG
		Watermelon Flavoured	138 (33)	0.1	AR	GF	NF	SF	DF	LF	LIS	-	HL	KO	VE	VG
Diet Drink		Lemon	116 (28)	0.2	AR	GF	NF	SF	DF	LF	LIS	-	HL	KO	VE	VG
Cordial Drinks		Citrus Flavoured	393 (94)	0	AR	GF	NF	SF	DF	LF	LIS	-	HL	KO	VE	VG
		Lime Flavoured	420 (101)	0	AR	GF	NF	SF	DF	LF	LIS	-	HL	KO	VE	VG
		Raspberry Flavoured	427 (102)	0.1	AR	GF	NF	SF	DF	LF	LIS	-	HL	KO	VE	VG
Real Fruit Juices		Apple NOW ALSO IN:	360 (86)	0.3	AR	GF	NF	SF	DF	LF	LIS	-	HL	KO	VE	VG
		Orange	352 (84)	0.9	AR	GF	NF	SF	DF	LF	LIS	-	HL	KO	VE	VG
		Sun	458 (110)	0.5	AR	GF	NF	SF	DF	LF	LIS	-	HL	KO	VE	VG
Functional Drinks		Cranberry ONLY IN:	453 (109)	0.1	AR	GF	NF	SF	DF	LF	-	-	HL	KO	VE	VG
		Pear Juice	330 (79)	0.2	AR	GF	NF	SF	DF	LF	LIS	-	HL	KO	VE	VG
Hot Drinks		White Coffee	160 (38)	1.5	AR	GF	NF	SF	-	L+L	LIS	-	HL	KD	VE	-
		White Tea	75 (18)	0.2	AR	GF	NF	SF	DF	LF	LIS	-	HL	KO	VE	VG

THICKENED SUPPLEMENTS																
Creamy Drinks		Chocolate	566 (136)	5.6	AR	GF	NF	SF	-	-	LIS	-	HL	KD	VE	-
		Dairy	489 (117)	7.0	AR	GF	NF	SF	-	-	LIS	-	HL	KD	VE	-
		Strawberry Flavoured	616 (148)	6.3	AR	GF	NF	SF	-	-	LIS	-	HL	-	-	-
Protein Fortified		Caramel Flavoured NOW ALSO IN:	1100 (264)	15.0	AR	GF	NF	SF	-	LF [^]	-	-	HL	-	-	-
		Lemon Lime Flavoured	685 (164)	15.2	AR	GF	NF	SF	DF	LF	-	-	HL	-	-	-
Nutritionally Complete		Apple Berry Flavoured NOW ALSO IN:	1110 (266)	15.0	AR	GF	NF	SF	DF	LF	-	NC	HL	-	-	-
		Chocolate	1120 (269)	15.0	AR	GF	NF	SF	-	L+L [^]	-	NC	HL	-	-	-
		Iced Coffee Flavoured	1100 (264)	15.0	AR	GF	NF	SF	DF	LF	-	NC	HL	-	-	-
		Lactose Free Vanilla Flavour ONLY IN:	1100 (264)	15.0	AR	GF	NF	SF	-	LF	-	NC	HL	-	-	-

THICKENERS																
Instant THICK Powder		Neutral AVAILABLE IN:	51 (12)	0	AR	GF	NF	SF	DF	LF	-	-	HL	KO	VE	VG
thickplus Powder		Neutral AVAILABLE IN:	78 (19)	0.7	AR	GF	NF	SF	DF	LF	-	-	HL	KO	VE	VG

PRODUCT	FLAVOUR	ENERGY PER SERVE kJ (kcal)	PROTEIN PER SERVE g†	AMYLASE RESISTANT	GLUTEN FREE	NUT FREE	SOY FREE	DAIRY FREE	LACTOSE	LOW SODIUM	NUTRITIONALLY COMPLETE	HALAL CERTIFIED	KOSHER CERTIFIED	VEGETARIAN SUITABLE	VEGAN SUITABLE	
TEXTURE MODIFIED FOOD																
Shape It Instant Shaping Powder		Neutral	12 (3)	0	AR	GF	NF	SF	DF	LF	-	-	HL	KO	VE	VG

*IDDSI Level 3 unless otherwise stated.

[^]Applicable to IDDSI Level 2 & 3 only.

Nutrition

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PRODUCT	FLAVOUR	ENERGY PER SERVE kJ (kcal)	PROTEIN PER SERVE (g)	AMYLASE RESISTANT	GLUTEN FREE	NUT FREE	SOY FREE	DAIRY FREE	LACTOSE	LOW SODIUM	NUTRITIONALLY COMPLETE	TEXTURE MODIFIED	HALAL CERTIFIED	KOSHER CERTIFIED	VEGETARIAN SUITABLE	VEGAN SUITABLE
NUTRITIONALLY COMPLETE																
AdVital Powder	Neutral	420 (101)	15.1	AR	GF	NF	SF	-	L+L	-	NC	-	HL	KD	VE	-
	Chocolate	420 (101)	15.5	AR	GF	NF	SF	-	L+L	-	NC	-	HL	KD	VE	-
	Vanilla	420 (101)	15.1	AR	GF	NF	SF	-	L+L	-	NC	-	HL	KD	VE	-
AdVital Mousse	Chocolate	647 (155)	8.1	AR	GF	NF	SF	-	-	-	NC	4	HL	KD	VE	-
AdVital Smooth Fruits	Apple & Plum	758 (182)	15.1	AR	GF	NF	SF	DF	LF	-	NC	4	HL	-	-	-
	Banana & Mango	748 (180)	15.0	AR	GF	NF	SF	DF	LF	-	NC	4	HL	-	-	-
HIGH PROTEIN																
ProKick Protein Drink	Watermelon	656 (157)	20.0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	-	-	-
	Lemon Lime	589 (141)	20.0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	-	-	-
	Mango Passionfruit	651 (156)	20.0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	-	-	-
Recover Protein Drink	Watermelon Flavoured	625 (150)	11.0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	-	-	-
	Wildberry Flavoured	623 (150)	11.0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	-	-	-
Fruits with Attitude Fruit Purees	Apple & Apricot	506 (121)	8.0	AR	GF	NF	SF	DF	LF	L+S	-	4	HL	-	-	-
	Banana & Mango	526 (126)	8.1	AR	GF	NF	SF	DF	LF	L+S	-	4	HL	-	-	-
	Lemon	713 (171)	8.1	AR	GF	NF	-	DF	LF	-	-	4	HL	KD	VE	VG
Protein Fortified Pudding	Caramel Flavoured	1160 (278)	15.0	AR	GF	NF	SF	-	-	-	-	4	HL	-	-	-
	Lemon Lime Flavoured	718 (172)	15.0	AR	GF	NF	SF	DF	LF	-	-	4	HL	-	-	-
SCREAMIES Protein No-Melt Ice-Scream	Salted Caramel	1200 (288)	8.1	AR	GF	NF	SF	-	-	-	-	4	HL	KD	VE	-
	Chocolate	1200 (288)	8.1	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
DRINKS, SNACKS & DESSERTS																
Juice	Pear	324 (78)	0.1	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	KD	VE	VG
SCREAMIES No-Melt Ice-Scream	Chocolate	1250 (300)	2.9	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
	Strawberry	1210 (290)	2.4	AR	GF	NF	SF	-	-	L+S	-	4	HL	-	-	-
	Vanilla Flavour	1210 (290)	2.5	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
Flavour Creations Custards	Banana Flavoured	390 (94)	2.0	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
	Chocolate	394 (95)	2.3	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
	Vanilla Flavoured	385 (92)	2.0	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
	Strawberry Flavoured	390 (94)	2.0	AR	GF	NF	SF	-	-	L+S	-	4	HL	-	-	-
HIGH-ENERGY POWDERS																
Carb Plus Energy Supplement	Neutral	163 (39)	0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	KD	VE	VG

Legend

Gluten Free	Lactose Free	IDDSI Level 1 - Slightly Thick Drinks	Halal Certified
Nut Free	Low Lactose: no more than 2g of lactose per 100g of food	IDDSI Level 2 - Mildly Thick Drinks	Kosher Certified
Dairy Free	Low Sodium	IDDSI Level 3 - Moderately Thick Drinks	Kosher Dairy Certified
Soy Free	Nutritionally Complete	IDDSI Level 4 - Extremely Thick Drinks	Vegetarian Suitable
Amylase Resistant		IDDSI Level 4 - Pureed Food	Vegan Suitable

Flavour Creations products are manufactured in a facility that does not process gluten, tree nuts, peanuts, eggs, sesame seeds, lupins, fish, molluscs or crustaceans. The information provided in this flyer was correct at time of printing. Please refer to FlavourCreations.com.au for the latest product information.